October 4, 2024 - Issue 39 www.BarnstableEnews.com







In this issue of eNews

- The Dog Park will be undergoing maintenance and will be closed from October 8-11;
- Fall Walking Weekend takes place October 11-14;
- The Health Division's flu shot clinics have been scheduled;
- Public Comments for the Town's Local Comprehensive Plan's Land Use Map will be taken through October 23;
- There are a number of openings for Boards / Committees / Commissions;
- Free COVID tests are available through the United States Postal Service;
- Information regarding Vineyard Wind debris; and
- A Friendly Reminder to stay informed by downloading the MyBarnstable app.





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Quick Links

<u>TOWN CALENDAR</u> OFFICIAL AGENDAS LEGAL NOTICES BARNSTABLE PUBLIC SCHOOLS

Stay Connected

www.TownofBarnstable.us www.BarnstableWaterResources.com www.BarnstableEnews.com www.BarnstableLCP.com



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The Town has a number of newsletters to keep you up to date and informed! Click <u>here</u> to learn more and sign up today!

NEXT TOWN COUNCIL MEETING THURSDAY, OCTOBER 10, 2024 AT 6:00 PM





PLEASE MAKE SURE YOUR APP IS UP TO DATE TO GET THE LATEST NOTIFICATIONS!

Town Wubeloo
 Bamitable Public Schoole
 Bamitable Police Department

Sandy Hook Daniel 36-14-2022 / Olgen Historical Commission (Dr. 55-2012) 3 (Digen Likening Awarehy Re-16-2013) 3 (Digen Hysteric Man Stock Table (Hook Historic Data) Commission (Po-16-2023) 4 (Digen) Franciscon (De-16-2023) 4 (Digen)

Download

the My Barnstable App!

- Receive Notifications
- Access Information
- View Latest Updates
- And more...

SCAN TO DOWNLOAD



The Official Podcast of the Town of Barnstable

Meet the people who steward the programs and services for the Town of Barnstable that connects us to our quality of life.

Did you miss an episode of the Podcast?

1 - Hiring Process
2 - ARTS Barnstable
3 - Sewer Connections
4 - Greening Hyannis
5 - SNK Long Term Coastal Resiliency
6 - Voting
7 - Special Events
8 - Safety Officer
9 - Cape Cod Gateway Airport
10 - Caregiver & Support Services
11 - Disability Commission, Part 2
12 - Citizen Resources

Enjoy ALL episodes on your favorite streaming platform.



PROJECTS | SCHEDULES | DETOURS | MAPS CONSTRUCTION NEWS & UPDATES







ROAD PROJECTS UTILITY WORK

ROADWORK NOTICES

Contact DPW 508-790-6400

Stay up to date on all CWMP News and Updates here <u>www.barnstablewaterresources.com/news-updates/</u>

What to do if you spot Vineyard Wind Debris

If you discover any debris, please call **781-831-1134**

to allow assigned crews to manage the proper recovery and clean up of debris. You can also report debris online at: vineyardwind1.ethicspoint.com





During the upcoming release of free COVID tests, households will be able to order four free kits each.

The tests will be available online at <u>https://special.usps.com/testkits</u>.



Town of Barnstable PUBLIC MEETING CALENDAR

For the complete calendar of events and meetings, visit <u>https://townofbarnstable.us/calendar.asp</u>

Monday, October 7:

3:00 PM Committee to Assess & Recommend Strategies for Housing Creation Within the Town 5:00 PM Infrastructure and Energy Committee 5:30 PM Open Space Committee

Tuesday, October 8:

9:30 AM | Airport Finance Subcommittee
10:30 AM | Airport Infrastructure Marketing Subcommittee
2:00 PM | Proposed Shellfish Regulation Changes 2024-2025
5:30 PM | Human Services Committee
5:30 PM | Golf Committee

Wednesday, October 9:

6:30 PM | Mid Cape Cultural Council6:30 PM | Old King's Highway6:30 PM | Shellfish Committee7:00 PM | Zoning Board of Appeals

Thursday, October 10:

6:00 PM | Town Council Meeting

Flu Vaccination Clinic LOCATION: St. George Greek Orthodox Church Route 28, Centerville DRIVE THRU ONLY



<u>Tune into Barnstable Government Access</u> <u>Channel 8 or HD Channel 1072 for</u> <u>meeting coverage.</u>

DATES October 16th 1:00-3:00PM November 6th 9:00-11:00AM

Consent forms will be available at the clinic and online at: www.town.barnstable.ma.us You may print-out and complete the consent form before arriving to reduce waiting time.



For More Information: Public Health Division (508) 862-4644







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www.TOWNOFBARNSTABLE.us

Barnstable Residents

You have an opportunity to become involved in your town's government, apply for a position on a board, committee or commission today! Board, Committee and Commission Openings: Board of Health, Council on Aging, Housing Committee, Shellfish Committee and many more!

Barnstable Dog Park Closure

APPLY NOW

October 8 – October 11

BARNSTABLE DOG PARK WILL BE CLOSED FOR MAINTENANCE AND BENCH INSTALLATION FROM OCTOBER 8TH THROUGH OCTOBER 11TH.

For the safety of the patrons and our fourlegged friends, all three fenced-in dog areas and the parking lot will be closed during this time.



The Town of Barnstable's Open Space Committee invites you to join

Fall Walking Weekend

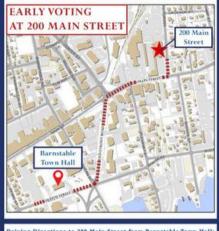


Friday, October 11, 2024 -Monday, October 14, 2024

Join us for various guided, interactive walks led by experienced walk leaders who will narrate points of interest along their path.

Visit the OSC page for more details closer to the date: TownOfBarnstable.us/OpenSpaceCommittee

TOWN OF BARNSTABLE



Driving Directions to 200 Main Street from Barnstable Town Hall - Turn LEFT onto South Street - At the traffic lights TURN LEFT onto Old Colony Road - At neat set of lights TURN RIGHT onto Main Street - Turn LEFT onto Turnouth Street - Turn LEFT onto parking lot, 200 Main Street

EARLY VOTING INFORMATION EARLY VOTING IN-PERSON: OCTOBER 19 – NOVEMBER 1 200 MAIN STREET, HYANNIS

SIDENTIAL ELECTION

POLLING DAYS & HOURS

SATURDAYS & SUNDAYS: 8:00 AM - 12:00 PM MONDAYS - FRIDAYS: 8:30 AM - 4:30 PM

LAST DAY TO REGISTER TO VOTE

SATURDAY, OCTOBER 26: 8:30 AM - 5:00 PM

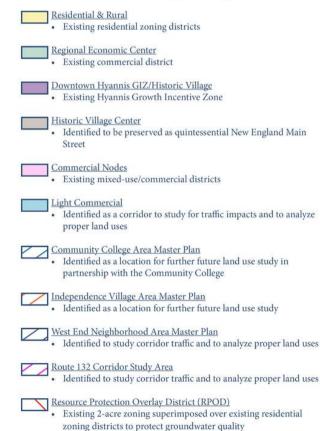
https://townofbarnstable.us/Departments/TownClerk/ELECAL-2024%20(002).pdf

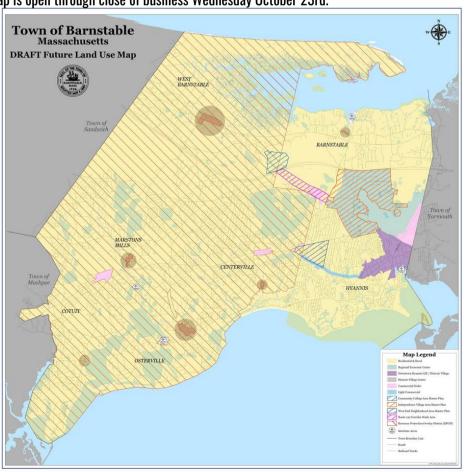


The Local Comprehensive Planning Committee is conducting an exercise to update the Town's Future Land Use Map with proposed land use study areas that will guide Barnstable's future over the next 10 years. The LCP Committee is seeking feedback regarding the proposed land use study areas: Should any of the study areas be amended? Are there additional study areas that should be identified?

 The Draft Future Land Use Map is accessible for review and comment from the Town's Local Comprehensive Plan website BarnstableLCP.com via the "Future Land Use Map" tab. The public comment period for the Draft Future Land Use Map is open through close of business Wednesday October 23rd.

Future Land Use Map Study Areas









BARNSTABLE TOWN HALL

FEATURING THE WORKS OF RACHEL JONES

ABOUT THE ARTIST SPOTLIGHT PROGRAM:

Artwork is displayed October 14 through December 31, 2024 in the James H. Crocker, Jr. Hearing Room and Selectmen's Conference Room, 2nd Floor in Barnstable Town Hall (367 Main Street, Hyannis) The exhibition is free and open to the public.

Artwork may be viewed virtually on the artsbarnstable.com website: <u>https://artsbarnstable.com/interests/galleries/town-hall-hearing-room-gallery/</u>





2ND BARNSTABLE DISTRICT **CANDIDATE'S FORUM**

FEATURING KIP DIGGS AND SUSANNE CONLEY

Monday, October 7th at 6PM **Barnstable Town Hall** 367 Main Street, 2nd Floor

This non-partisan Forum is FREE and the public is encouraged to attend to learn more about the candidates.

This will be recorded live, and then will be available on the League of Women Voters Forum page.



Covells/Craigville in Centerville & Kalmus and Veteran's in Hyannis



Are You Connected?

Do you have the devices, skills, and access you need to connect to the internet?

Can you easily get online to:



Connect with friends and family

Pay bills and manage finances

Manage healthcare

Access homework and schoolwork

Stay connected with your community

The Town of Barnstable is working with the Cape Cod Commission to form a municipal digital equity plan. This project will help us better understand challenges that community members like you face with the internet and technology and to identify solutions that ensure all have access to the information technology needed to fully participate in our community.



Stay Connected. Scan the code or visit cccom.link/barnstable-de to learn more.













Save the Date Saturday, October 26 10 a.m. - 2 p.m.

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DEATakeBack.com



CENTER



Find out what's going on in the newest issue of THRIVE!

Fall Prevention & Brain Health Wednesday, October 16th 9:30-10:30AM

Barnstable Adult Community Center 825 Falmouth Road, Hyannis This hour long presentation with the Public Health Exercise Physiologist from the VNA of Cape Cod, focuses on fall risk mitigation and the cognitive changes that occur with aging.

Learn how you can decrease your risk of falling, strategies to improve memory, and exercises that can help. An open discussion will occur at the end of the presentation. Register online in MyActiveCenter or call the BACC (508) 862-4750 or the VNA of Cape Cod directly to register at (508) 957-7423.



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RESPITE PROGRAMS WITH STAGEY



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Brain Train

Join the Brain Train class at the Barnstable Council on Aging to learn how having fun can improve our cognitive abilities. The class will explore memory enhancement, stimulating games to keep our minds sharp, and insights into the aging process of our brains. Thursday, October 10th (10 - 11 AM) Whelden Libraru

Ask the Handyman!

Getting Your Home Ready for Fall What should you do to prepare your home for fall and winter? Josh and Renato with Home Services Maxx can answer your questions and provide some advice. Monday, October 7 10:00- 11:00 am

DAUGE WEEKING GENERICEI				
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
1:00 PM Movie Mondays	10:00 AM Writer's Club with Sandra Bolton 11:30 AM Senior Dining	9:30 AM Elder Services Caregiver Support Program	10:00 AM Buried in Treasure - Hoarding Challenges: Friends and Family of those Buried in	12:00 PM Friday Classic Flix with Roger
	12:00 PM Talk with Sheriff Buckley	10:00 AM Hearing Clinic (by appointment)	Treasure 11:30 AM Senior Dining	*
	2:30 PM CCRTA Training & Go Card Program	11:30 AM Senior Dining	1:30 PM How to Use Your iPhone Camera	

Barnstable Council on Aging Communication Tools October 15th. 2024 10:00am-11:00am

There is a saying "it's not so much what we say, its how we say it." This rings true for most caregivers. This discussion will review positive and successful approaches to communicating with the person we are caring for, medical personal, and families.

Barnstable Questions? Contact Stacey Cullen at stacey cullen@town barnstable ma.us or call 508-862-4765 Sturgis Library 3090 Main St. Barnstable, MA 02630



OCTOBER IS NATIONAL BOOK MONTH!

Libraries are more than just books - it's community, programs, resources and so much more!

> **Marstons Mills Library Centerville Library Hyannis Library**

Check your local library out TODAY!

Sturgis Library Cotuit Library Whelden Library **Osterville Village Library**



The Art of Picture Books Friday, October 18th, 2024 at 12:30pm

Adults are encouraged to Join Children's Librarian Christy Munier for a monthly gathering honoring the brilliance of picture books and picture book art.

Each month a different children's book author and/or artist will be discussed.

This gathering will feature artist/author Julie Flett.

To register, email Christy at youth.adult@sturgislibrary.org

Plant Identification Walk

at Eagle Pond in Cotuit

Sunday, October 6th | 2-4pm

Take a walk in the woods with guide Dave Scandura of Edible Landscapes. Learn what's safe to eat and learn to ID plants!

Sign up required! wheldenlibrary.org/events whelden@comcast.net 508-362-2262



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PRINTMAKING WORKSHOP

THURSDAY, OCTOBER 10TH FROM 4:00 P.M. - 6:00 PM Learn the art of linoleum cutting and printmaking while creating a set of seasonal greeting cards with Cotuit resident and art educator Katie McMurray! Ages 16+ please.



Spooky Bracelets Craft with Miss Kelly WEDNESDAY, OCTOBER 16 | 3:30 p.m. | IN-PERSON

Meet with Miss Kelly downstairs to make bracelets in preparation for spooky season!

Intended for ages 7+. Limit 15 participants. FREE! All materials will be provided.

This event will be held in Community Room A.

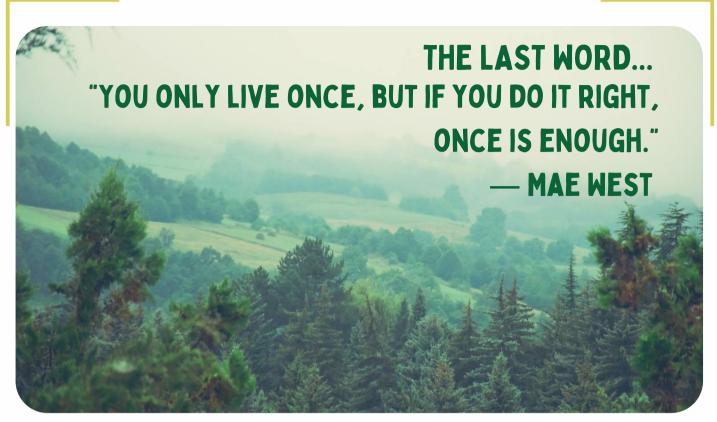
Click HERE to Register for Spooky Bracelets!

The Hormone Part

Hormones through the years with Jaymie Adachi, FNP







Thank you for receiving and reading eNews each week!













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